

Your PARI SINUS2

can do even more

By adding the PARI LC SPRINT® nebuliser, you can equip your PARI SINUS2 to treat the lower airways, or to hydrate the entire respiratory tract.



You can find more information in our user videos, which can be viewed at www.pari.com



At a glance



PARI SINUS2

with PARI LC SPRINT® SINUS nebuliser

Item No.: 128G1001

IFU languages: de, fr, it, pt, es, nl, en, da, fi, no, sv (UK Version: 128G1004) (AUS/NZ Version: 128G1015)



PARI SINUS2 Year Pack

PARI LC SPRINT® SINUS nebuliser, PARI SINUS2 tubing system and filter

Item No.: 023G3811

IFU languages: de, fr, it, pt, es, nl, en, da, fi, no, sv



Targeted Inhalation Therapy

FOR THE PRECISE, EFFECTIVE AND **GENTLE TREATMENT OF SINUSITIS**







Tips for use and hygiene



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Usage Tips

Do not carry out a treatment session if your nose is blocked. If you have a cold, a nasal douche may help.

1. Wash your hands thoroughly before every nebuliser session.



2. Insert the orange nozzle attachment as far as it will go into the nebuliser lower section, applying gentle pressure. Screw on the upper section of the nebuliser.



3. Connect the bend and the nasal joining piece to the nebuliser chamber.



4. Add the inhalation solution and close the cap.



5. Attach one end of the 1st tube to the vibration connection on the top of the nebuliser and the other end to the fitting socket on the compressor. With the second tube, connect one end to the bottom of the nebuliser and the other one to the second socket on the device.



6. Sit in an upright and relaxed position. Close off one nostril with the nose plug and position the nebuliser against the other nostril. Now turn the compressor on.



Very important:

Make sure your soft palate is closed! One way of doing this is to repeatedly say "ing" (pronounced as the second syllable in beijing) for as long as possible. Each time you do so your soft palate is closed automatically.



How to check if your soft palate is closed?

You can check if your soft palate is closed correctly, as your nostrils will slightly vibrate (check by feeling your nostrils with your finger).

- **7.** After completing half the treatment (2 3 minutes), change nostrils and continue as described in step 6.
- 8. When your inhalation session is complete, switch the compressor off and disconnect the tubes from the nebuliser chamber Switch the device on again to dry the tubes out.



If you feel an unpleasant sensation of pressure whilst inhaling, there is a way to reduce it:

Turn the nose plug inside out and cut off the tip at the edge

Hygiene Tips

1. Disconnect the tubes from the nebuliser. Disassemble the nebuliser into its individual components: nasal joining piece, bend, nebuliser upper section and nebuliser lower section, also the orange nozzle attachment and vibration connection.



2. Clean all parts except the tubes carefully in warm, running water and with a little dishwashing detergent. Rinse all of the individual components thoroughly with clean water.



3. The PARI SINUS2 nebuliser can be disinfected in a standard commercial steam disinfector.



Alternatively, place all the parts in boiling water for at least 5 minutes. Make sure that all parts are completely immersed in the water.



4. Allow the individual components to dry at room temperature.



- 5. When they are completely dry, store the parts in a dry, dust-free place.
- 6. The air filter, nebuliser and con-
- nection tubing should be replaced every year. These components are included in the PARI SINUS2 Year Pack, which you can purchase from PARI or your specialist dealer. If any parts get too dirty to be cleaned properly, or if they become damaged, they must be replaced.